Nutrition Audit (pre-introduction of STAMP)

Ward:       Date of audit:

Person carrying out audit:

1. Does the ward have the following equipment?
   a. Scales for infants and children under 2 years of age
   b. Scales for older children capable of standing
   c. Scales for older children unable to stand
   d. Length measure for infants and children under 2 years
   e. Height measure for children over 2 years able to stand
   f. Length measure for children over 2 years unable to stand

   Yes / No / Don’t know

2. Is the equipment functioning?
   a. Scales for infants and children under 2 years of age
   b. Scales for older children capable of standing
   c. Scales for older children unable to stand
   d. Length measure for infants and children under 2 years
   e. Height measure for children over 2 years able to stand
   f. Length measure for children over 2 years unable to stand

   Yes / No / Don’t know
3. When was this equipment last calibrated?
   a. Scales for infants and children under 2 years of age
      Within past 3 months/6 months/12 months/ Don’t know
   b. Scales for older children capable of standing
      Within past 3 months/6 months/12 months/ Don’t know
   c. Scales for older children unable to stand
      Within past 3 months/6 months/12 months/ Don’t know
   d. Length measure for infants and children under 2 years
      Within past 3 months/6 months/12 months/ Don’t know
   e. Height measure for children over 2 years able to stand
      Within past 3 months/6 months/12 months/ Don’t know
   f. Length measure for children over 2 years unable to stand
      Within past 3 months/6 months/12 months/ Don’t know

4. How frequently is the equipment checked?
   a. Scales for infants and children under 2 years of age
      Daily/ weekly/ monthly/ Don’t know
   b. Scales for older children capable of standing
      Daily/ weekly/ monthly/ Don’t know
   c. Scales for older children unable to stand
      Daily/ weekly/ monthly/ Don’t know
   d. Length measure for infants and children under 2 years
      Daily/ weekly/ monthly/ Don’t know
   e. Height measure for children over 2 years able to stand
      Daily/ weekly/ monthly/ Don’t know
   f. Length measure for children over 2 years unable to stand
      Daily/ weekly/ monthly/ Don’t know
5. Have nursing staff received training on weighing and measuring in the following circumstances?

   a. Weight for infants and children under 2 years of age  
      Yes / No / Don't know

   b. Weight for older children capable of standing  
      Yes / No / Don't know

   c. Weight for older children unable to stand  
      Yes / No / Don't know

   d. Length measure for infants and children under 2 years  
      Yes / No / Don't know

   e. Height measure for children over 2 years able to stand  
      Yes / No / Don't know

   f. Length measure for children over 2 years unable to stand  
      Yes / No / Don't know

6. When last were nursing staff trained on weighing and measuring?
   
   As a student/ at staff induction/ while working on the wards/ never trained

7. Who provided this training on weighing and measuring?
   
   College tutors/ other nursing staff/ dietetic staff/ don’t know/ never trained
Select a sample of case notes/nursing records from the ward and note the following information

8. Is the weight recorded within 24 hours of admission? Yes / No / Don’t know
9. Has the weight centile been plotted and noted? Yes / No / Don’t know
10. Is length/height recorded within 24 hours of admission? Yes / No / Don’t know
11. Has the length/height centile been plotted and noted? Yes / No / Don’t know
12. Was appetite noted on admission? Yes / No / Don’t know
13. Was the child referred to the dietitian at any time during the admission? Yes / No / Don’t know
14. Was the child referred to the dietitian within 48 hours of admission? Yes / No / Don’t know
15. If STAMP was used on this child, did he/she require referral to a dietitian? Yes / No / Don’t know

For additional information about STAMP, please visit the website: www.stampscreeningtool.org